

Speed Skate Nova Scotia

Policy Title: 2019 CWG LT Selection Competition Re-skate Policy	Policy No: 500-3
Approved: January 2, 2019 Current version approved: Date of last review:	Pages: 4

1. OBJECTIVE

- 1.1. To provide guidelines for the awarding of a re-skate (fresh start) in the 2019 Canada Winter Games Long Track Selection Competition.

2. FIELD OF APPLICATION

- 2.1. This policy applies to the CWG selection competition being held on January 12-13, 2019 at the Emera Oval with a backup date of January 19-20, 2019.
- 2.2. This policy is in addition to ISU Rule 262 which clearly indicates the allowance of a fresh start and the rest period required.
- 2.3. This policy is a clarification of the Speed Skate Nova Scotia Policy 500-2: 2019 Canada Winter Games Selection Criteria: Section 2: Selection of the team, subsection 2.2(b) paragraph two.

3. DEFINITIONS

- 3.1. **ISU Rule #262:** Refer to appendix 1 for the definition of ISU Rule 262.
- 3.2. **Re-skate (Fresh Start):** A new race (re-skate) awarded to a skater in an Olympic-style long track competition when an infraction of the rules occur in the initial race.

4. PRINCIPLES

- 4.1. SSNS believes that well-documented criteria for fresh starts outlined before the start of the selection competition will foster a fair selection process for the selection of the 2019 Nova Scotia Long-Track Canada Winter Games team.
- 4.2. SSNS believes that the re-skate policy will enhance the understanding of officials, coaches and athletes of how infractions of the rules during the selection competition will be handled prior to the selection event.

1. POLICY STATEMENT

- 1.1. SSNS is committed to a fair and transparent selection process for allowing re-skates in the 2019 LT CWG Selection competition.

2. PROVISIONS

2.1. Races in which re-skates will be considered

- 2.1.1. An infraction of the rules that govern long track speed skating occurred in the original race.
- 2.1.2. The skater is still eligible to request a fresh start even if they complete the race.
- 2.1.3. A fall in which the skater would achieve a significantly slower finishing time.
- 2.1.4. An equipment malfunction (such as broken blade, loose blade, broken clap) that occurred during the original race. The defective equipment must be shown directly to the chief referee, before leaving the ice surface.
- 2.1.5. The infraction that occurred in the original race must not be related to inappropriate conduct, dangerous skating or any other infraction that a yellow or red card was issued.
- 2.1.6. The infraction or fall that occurred in the original race must not be deemed by the referee to be intentional in order to gain an unfair advantage or more favorable ice conditions.
- 2.1.7. A specific request from a designated representative of the NS CWG Selection Committee that occurs within 5 minutes of the original race.

2.2. Decision to Award a Re-Skate (Fresh Start)

- 2.2.1. The decision to award a re-skate (fresh start) rests solely with the chief referee and all decisions are final.

2.3. Requesting a Re-Skate (Fresh Start)

- 2.3.1. The request for a re-skate must come from the athlete directly to the chief referee, before the athlete leaves the ice surface.
- 2.3.2. The coach of the athlete will be informed of the skater infraction in the designated coaching area (crossing straight) immediately when the infraction is known.
- 2.3.3. If the chief referee is able to notify the coach of an infraction during the race and not interfere with the other pairings he will do so.
- 2.3.4. If during the race, the referee makes the coach aware of an infraction, the coach may signal their skater to pull out of the race or finish slowly. Care should be taken not to disturb the other athlete(s) still racing.

2.4. Required Rest Time

2.4.1. The recommended rest time between the original race and the re-skate shall be dependent on the number of laps completed in the original race:

- 1-3 laps completed 20 minutes
- 4-6 laps completed 25 minutes
- 7 laps + completed 30 minutes

2.4.2. The Competitor shall have the right to have a rest time listed in 2.4.1. above, between the initial race and the fresh start decided by the Referee, unless the Competitor has agreed to start in less time.

2.5. Re-skate Lane Assignment

2.5.1. The Chief Referee will attempt to have the athlete complete the re-skate in the same starting lane as the original race.

2.5.2. The Chief Referee may at their sole discretion, put the athlete in a lane other than the original starting lane, if there is an empty lane in a pairing of the same distance or two re-skates of the same distance which may be paired together.

3. REVIEW AND APPROVAL

3.1. Original Policy Lead: Brent Thompson

3.2. Policy Approval by 2019 SSNS CWG Selection Committee on January 1, 2019

3.3. Policy Approved by SSNS Board of Directors January 2, 2019

Appendix 1: ISU Rule 262

Rule 262 Allowance of fresh start

1. A Competitor who is interfered with through no fault of his own shall be allowed by the Referee to make a fresh start. If the Competitor has completed the initial race, the best time of the two races shall count as the result of the Competitor.
2. A Competitor who is unable to complete a race due to an obstacle on the track shall be allowed to start again. A broken skate or dirty ice shall not be accepted as an obstacle. Also the opinion of the Competitor that he has been interfered with, but not directly stopped, by individuals or incidents at the side of the racing track cannot be accepted as a reason for fresh start.
3. If the obstacle is a fallen Competitor, or is due to a fault of the other Competitor in the pair, who has violated a rule, such as an incorrect change of lane at the crossing straight or leaving his lane at any time, then the Referee cannot deny the right to make a fresh start. If a Competitor is allowed a fresh start, the Referee has to communicate it to the Competitor concerned.

Required rest time

4. The Competitor shall have the right to have a rest of at least 30 minutes between the initial race and the fresh start decided by the Referee, unless the Competitor has agreed to start in less than 30 minutes.

Starting lanes for fresh starts

5. In the case of a fresh start the Competitor shall normally start in the same lane as in the ordinary race, and always so in the second race over 500 or 1000m in a sprint competition decided by total points or by the total time from two races. If more than one Competitor is allowed a fresh start, pairs shall be formed in order to avoid several races with only a single Competitor. If the two Competitors forming a new pair started in different lanes in the ordinary race, they shall start in the same lanes in the new race as in the first race. But if they both started in the same lanes in the ordinary race, the Competitor from the lower numbered pair shall start in outer lane in this new race (see Rule 239, paragraph 4 and Rule 245).