

Canada Winter Games 2019 (CWG 2019)
Nova Scotia

Speed Skating Coach

Responsibilities

Summary: The NS CWG2019 Speed Skating coach is responsible for the coaching of the speed skaters who are selected to the NS CWG2019 Speed skating Team. The coach is responsible to prepare training plan and instruct speed skaters on technics, conditioning and racing particulars. As well the coach work closely with the NS CWG 2019 speed skating manager and the NS CWG 2019 Committee. Below is a list of detailed responsibilities related to this position:

Prepare and discuss with clubs' coaches training plans for CWG2019 speed skaters.

Training plans is to include dry land and ice training from June 1, 2018 to the beginning of the games.

On-going communication with athletes, clubs' coach and parents.

Prepare and present one or several information sessions for the athletes who are eligible for the CWG 2019 as well as for clubs' coaches.

Prepare and present one or several training sessions (dry land and ice) for the athletes who are eligible for the CWG 2019.

Concerning CWG2019 racing rules and safety for speed skaters, the coach will be the contact person with CWG 2019 competitions officials, NS CWG2019 Committee and Speed Skate Canada.

To work together and maintaining very good communication with the CWG2019 team manager on equipment issues, travelling arrangements, sports equipment and clothing, protocols information during the games as well as transportation logistics to venues and other activities.

Compile stats information about skaters' racing time, positions, etc...