



SPEED SKATE NOVA SCOTIA

FUNDAMENTALS SPEED SKATING COACHING CLINIC REGISTRATION FORM

APRIL 29-30, 2016 – NORTH SYDNEY, NS

WHEN & WHERE:

- Friday April 29th
 - 5:30pm-6:00pm - Introduction (class – TBD)
 - 6:00pm-7:30pm - Equipment (class – TBD)
 - 7:30pm-9:00pm - Technique (class – TBD)
- Saturday April 30
 - 8:30am-9:30am - Technique (ice – Emera Centre Northside)
 - 9:40am-10:40am - Analyze Performance (ice – Emera Centre Northside)
 - 10:40am-12:00pm - Break (lunch)
 - 12:00pm-1:00pm - Analyze Performance (class - TBD)
 - 1:00pm-3:30pm - Planning a Speed Skating Practice (class - TBD)
 - 3:30pm-4:00pm - Conclusion (class - TBD)

COST: Free for Speed Skate Nova Scotia members or \$75.00 for non-members

COURSE: The course covers the sport-specific modules of Speed Skating Canada's FUNDamentals Coaching Clinic. The course prepares a coach to take inexperienced athletes and provide them with safe and educational training sessions teaching them basic speed skating skills. Upon successful completion of the course coaches will receive In-Training Coach status for the FUNDamentals context. In order to receive full Coach Certification, coaches will need to complete the multi-sport modules and an evaluation; which includes the submission of a coaching portfolio and an assessment. Registrants must be 15 years of age and older to participate. The course includes both classroom and ice sessions (skates are required).

REGISTRATION DEADLINE: Monday April 25, 2016

FACILITATOR: Todd Landon
Regional Development Mentor & Long Track Coach
Speed Skating Canada & Canadian Sport Centre Atlantic
Phone: 902-405-0570 Email: tlandon@speedskating.ca

Register at <http://goo.gl/forms/CPX8ZNheoC> or scan this form and send to tlandon@speedskating.ca.

*Name: _____ Date of birth: D___ M___ Y_____ M F

Address: _____ Postal Code: _____

*Phone: _____ Cell: _____ *Email: _____

NCCP# (if you have one): _____

*Required information